



EALING ABBEY

COUNSELLING SERVICE

A NON-DENOMINATIONAL
COUNSELLING SERVICE
OPEN TO ALL

Ealing Registered Charity No:242715

Our address and contact number:

1A MONTPELIER AVENUE
EALING
LONDON. W5 WXP
Tel: 020 8998 3361

Our counsellors and psychotherapists are trained or in advanced training and work in a non discriminatory way and with people regardless of belief, culture, sexual preference, age or gender.

Contacting us: Monday, Tuesday, Wednesday 9.00am to 1.30pm; Thursday until 12 noon. There is an answering machine if we are busy or the office is closed.

Aims and philosophy: To offer confidential, professional and competent help through skilled counselling and psychotherapy. We meet the needs of the community at a time when statutory resources are over-stretched and have difficulty in meeting the needs of our clients.

Current services offered: Individual counselling and psychotherapy; a limited couples/relationship counselling service; a Men's Group; a Women's & Mixed Group for Victims of Domestic Violence / Abuse; an Anger Management Group for Men.

Suitable for: Any person needing counselling or psychotherapy. There is no upper age limit. Currently we do not work directly with children or young people under the age of 17.

Not suitable for: Anyone who is actively psychotic, having a current serious mental illness, a recent history of violence or a person whose needs could be met more fully by a specialist agency or treatment centre e.g. alcoholism, drug addiction, or psychiatric service.

We do not have an emergency/crisis intervention service or drop-in facility

Referral: You may self refer. Simply call us and we will be happy to arrange an assessment session.

Assessment/acceptance: There is high demand for our services so you may have to wait up to 6 weeks for an assessment. Following your assessment we will try to match you with a counsellor as soon as possible. This will depend upon our waiting list at the time. In some cases the assessor may feel that EACS is not the most appropriate service for you; should this be the case they will discuss other possibilities within the area that you could use.

Staff: At EACS we have a wide range of qualified and advanced trainee counsellors who offer their services. Many have specialist backgrounds. All counsellors give their time to EACS for no fee and work under regular clinical supervision.

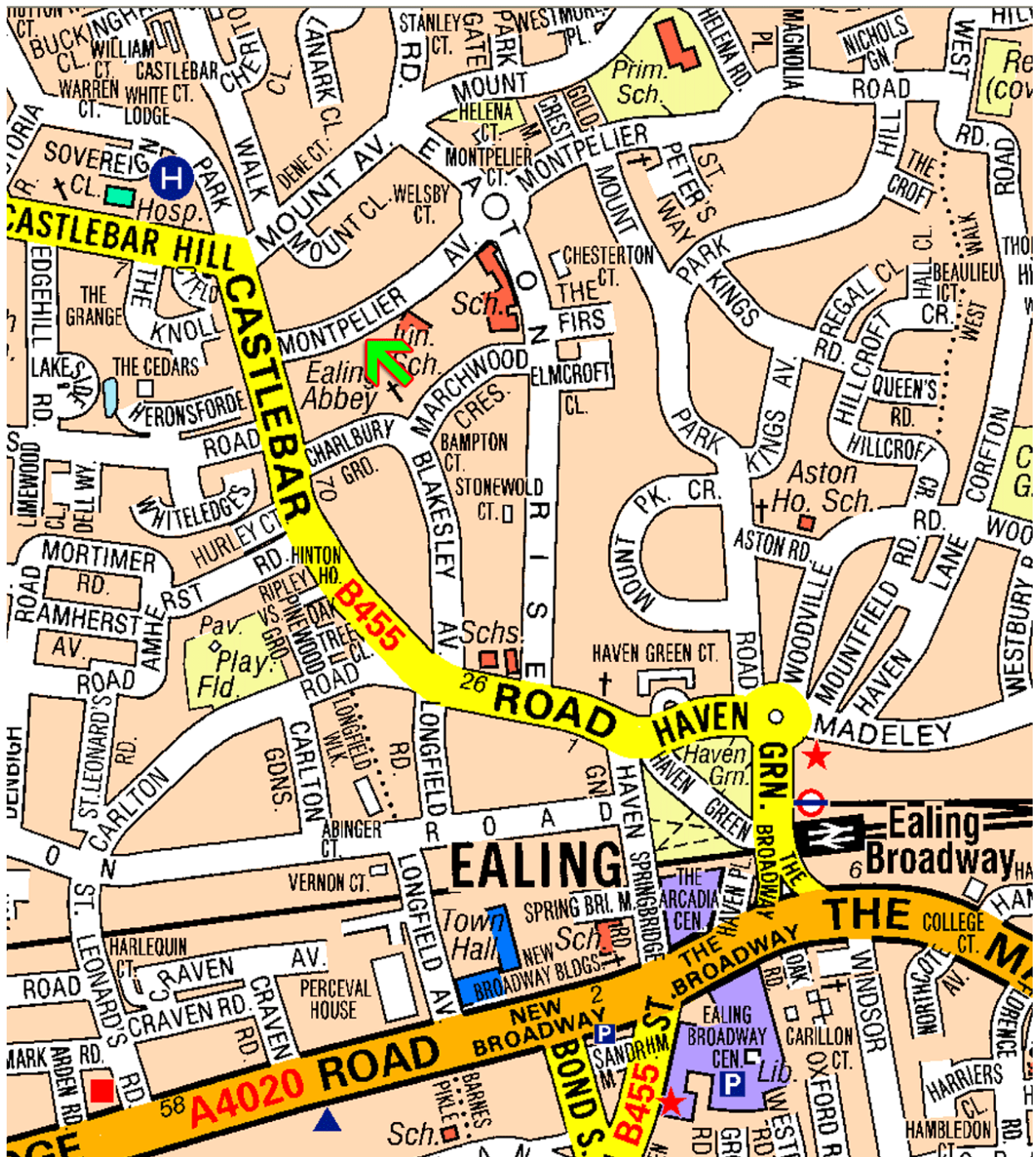
Payment: We ask for a contribution of £20.00 for your assessment. (£10.00 to those with no income other than benefits). A contribution is required for each counselling session as this is the only way EACS can continue to offer its services. Levels of contribution will be discussed at your assessment session.

Languages: We mainly offer counselling in English. We do have some counsellors who are bilingual in several European languages, and to a more limited extent, Asian languages.

Location: You will be seen either at our rooms at EACS or in the counsellors' own local consulting rooms.

Where we are: Please consult the map and directions on the back of this leaflet. Entrance to the service is gained via a fire escape type staircase at the side of the building. Please use the entry phone at the foot of the stairs.

We look forward to meeting you.



Bus Routes

You can either take the E2 or E9 heading towards Greenford via Eaton Rise. Leave the bus at St Benedict's School just before the roundabout. The next turning on your left is Montpelier Avenue. Number 1 is the last house on the left before Castlebar Road.

The 297 bus heading towards Willesden comes up Castlebar Road and the stop is just opposite Montpelier Avenue and we are at the top end if you are approaching from this direction. The offices are located above St. Benedict's nursery and are accessed via black fire escape stairs.